

Tryout Info Meeting – March 5th 2026



CONTACT INFO

Morgan Whitney, Head Coach - whitneym@usd450.net

PLEASE ONLY CONTACT COACH WHITNEY REGARDING TRYOUT QUESTIONS

Hannah Meier, Asst. Coach, Shannon

Byrne, Asst. Coach

Teresa Osterhaus, Asst. Coach

IMPORTANT INFO

Website - www.Heightscheer.com

FINANCIAL OBLIGATIONS

Cheerleading is NOT an activity funded by SHHS – it is the individual's responsibility to pay the fees/costs associated. Please review the financial page in the tryout packet for more info.

The estimated cost for a New Cheerleader is \$1525, a Returning Cheerleader is \$925 this is just an estimate!

STATE TRYOUTS

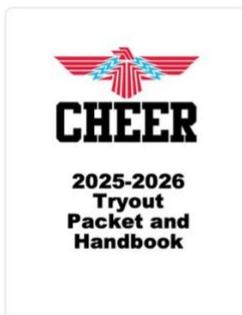
**** VARSITY TEAM WILL NOT AUTOMATICALLY MAKE UP THE STATE TEAM.****

If Varsity has more than 30 members, tryouts may not be open to the JV team.

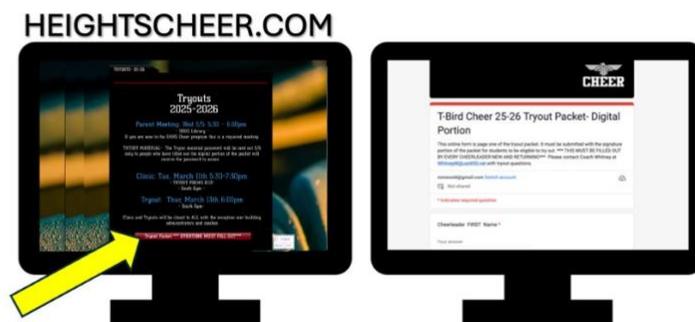
TRYOUT PACKET

The tryout packet has 2 parts they are **BOTH required for EVERYONE!** The paper copy is the last 3 pages of the packet and the online portion. The online portion is how you will receive the tryout material password.

PART 1



PART 2



VIDEO PASSWORD EMAILED
OUT TO EMAILS ON THIS LIST.

TRYOUT INFO

TRYOUT MEETING- Thur 3/5 5:30 – 6:00pm SHHS Cafeteria

TRYOUT MATERIAL- Will be available online at HEIGHTCHEER.COM

The Tryout material password will be sent out 3/6 only to people who have filled out the digital portion of the packet . Please visit Heights Cheer for the Digital Packet and to review your tryout material password.

CLINIC- Monday, March 9th 5:30-7:30pm - **TRYOUT FORMS DUE** – SHHS South Commons

-Wear: Red gym shorts, White T-Shirt, cheer/tennis shoes, hair MUST be completely secured out of your face! No gum or jewelry.

-Material: review jumps and stunt technique

-Receive tryout number

IF YOU ARE IN THE ORCHESTRA CONCERT. THIS WILL BE YOUR TRYOUT DAY AFTER CLINICS.

TRYOUT -TUE March 10th 5:00pm - SHHS South Commons

Tryouts will be closed to ALL with the exception non-building administrators and coaches

-Wear: Red gym shorts, White-Shirt, cheer/tennis shoes, hair MUST be completely secured out of your face with a Bow! No gum or jewelry.

-Stunt evaluations- participants will only be allowed to enter the tryout mat max of 3 times. One for their own judging and two for other participant's evaluations.

RESULTS

Those chosen for the respective squads will be posted on heightscheer.com by

10am Saturday March 14th *Once squads have been posted please do not contact SHHS**

Coaches or Administration regarding squad placements or scores until March 23th.

If you wish to view your completed score sheets, please email Coach Whitney to set up a meeting by 3/26. You will not be allowed to copy or take possession of your scores, but you may view them with a coach or administrator present.

If you make the squad there is a **Mandatory Fitting Date 4/2** and a **Mandatory ALL Parent Meeting date tbd.**

These dates will be posted on the HeightsCheer.com with tryout placement.

FUTURE DATES – SUBJECT TO CHANGE

- Mandatory Fitting 4/2 2:30-4:30
- Payment 1 Due 5/15
- Payment 2 Due 6/15
- Cheer Summer Practices 6/29-7/9
- Cheer Summer Camp 7/10-7/12 MHK Overnight
- Payment 3 Due 7/15